

The River City Rebels Running Club invites you to the:

INAUGURAL RUNNING of the



REBEL REBELLION 5K

A true Cross Country 5k run/walk designed for all levels of fitness!

Saturday September 3, 2011 at 8 a.m.

GRANITE REGIONAL PARK , Cucamonga and Power Inn Roads, Sacramento

Race Day Schedule:

6:30-7:45 a.m. Race Registration

8:00 a.m. Rebel Rebellion 5K (Timing for 1 hour only) **Awards to Follow,**

After the Rebellion stick around to watch the Rebels XC Challenge PAUSATF cross country series races starting at 9am

Entry Fees:

Pre-registration (mailed by 8/27/11) or at packet pick-up Friday at Fleet Feet Fair Oaks: \$25 includes T-shirt to first 250 registrants

Race day Registration: \$30 (includes T-shirt if still available)

Make checks payable to **THE RIVER CITY REBELS**; P.O.Box 189667 , Sacramento , CA 95818

No refunds event held RAIN or SHINE (it is cross country after-all)

On-line registration is available until midnight 9/1/11 at www.bazusports.com

Packet Pick-up:

Friday September 2nd from 10am-8pm **FLEET FEET SPORTS** Madison Ave. & Fair Oaks Blvd. in Fair Oaks

Saturday September 3rd 6:30-7:45 race morning at Granite Regional Park

Awards:

Awards to the Over-all Male and Female Winners

Three deep in each Male and Female 10-year age-group division

For More Information Contact:

Andy Harris race director at (916) 531-8503 attyserv@surewest.net, Mark Hicks-(916) 397-9586 1rebelmark@gmail.com, or www.rivercityrebelsrunning.com

Special Thanks to our Sponsors:

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Name _____ Age ____ DOB ____ / ____ / ____

Address _____ City _____ State ____ Zip _____

E-mail _____ Phone _____ Sex **M** or **F**

T-shirt size **S M L XL XXL**

WAIVER I know that I am participating in a cross country run is a potentially hazardous activity, so in consideration of my entry into the Rebel Rebellion, I attest that I am properly conditioned and have had my physical condition verified by a physician within the last 6 months. I, intending to be legally bound, waive and release any and all rights and claims for damages that I might accrue against the persons and organizations affiliated with this race, including The River City Rebels, Capital Road Race Management, volunteers, and any of the sponsors of the race.

Signature of Participant or Guardian (if under 18) _____ Date _____